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Anger Management 6-8

(anger Triggers), Recognize Physical And Emotional Responses To Anger (anger Clues), Identify Reactions To Anger (anger Management Styles), Identify And Evaluate Consequences Of Anger Management Styles And Develop Strategies To Manage Anger In Safer And Healthier Ways. Number Of Sessions In Group: 5 + Optional Follow-up Session Feb 2th, 2021

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Bute Of The Leader. "Anger Is One Of The Sinews Of The Soul" Wrote Thomas Fuller, "he That Wants It Hath A Maimed Mind." "Anger Has Its Proper Use" Declared Cardinal Manning, "Anger Is The Execu-tive Power Of Justice." Anger Signifies Strength In The Strong, Weak-ness In The Weak. An Angry Mother Is Out Of Control; An Angry Mar 2th, 2021

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State-Trait Anger Expression Inventory™ Spielberger, 1988 4 STAXI-2 PROFILE Scoring Based On: THE STANDARD ROMANIAN COMBINED NORMS, NORMAL ADULTS (N=1200ss) STRUCTURAL SCALES PROFILE. (Standardized T Scores) 0 0 5 5 10 10 15 15 20 20 25 25 30 30 35 35 40 40 45 45 50 50 55 55 60 60 65 65 70 70 75 75 80 80 85 85 90 90 95 95 100 100 5 10 15 20 25 ... Mar 2th, 2021

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